



Date: March 3, 2004

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EMPIRE 8 ANNOUNCES WOMEN'S BASKETBALL ALL-CONFERENCE TEAM
Jennifer Parker of Elmira Named Empire 8 Women's Basketball Player of the Year

ROCHESTER, NY – The Empire 8 announced its women's basketball all-conference teams led by Player of the Year Jennifer Parker of Elmira College. Hartwick College's Lindsay Wilson earned Rookie of the Year honors while Daphne Thompson of Hartwick was named the Coach of the Year.

Parker, a sophomore guard who earned 2002-03 Empire 8 Rookie of the Year honors, averaged 18.8 points, 8.8 rebounds, 4.5 assists, and 3.1 steals per game. Parker, a second-team all-conference choice in her rookie season, made 31 three-pointers and shot over 70 percent from the free throw line.

Senior guard Jennie Swatling and junior guard Stephanie Cleary of Empire 8 champion Ithaca College were both named to the all-conference first team. Swatling, a repeat first-team honoree, is averaging 13.3 points, 6.6 rebounds, 3.0 assists, and 2.8 steals per game. Cleary, a second-team all-conference selection a year ago, averaged 17.7 points, 2.9 assists, and leads all of college basketball (men and women, all divisions) with a school-record 146 steals.

Senior forward Trisha Tofany of conference runner-up St. John Fisher College repeated as an all-conference first-team selection. She averages 13.3 points, 7.4 rebounds, 4.9 assists, and 3.5 steals per game.

Junior Sara Shipley of Nazareth College was named to the first team this year after earning second-team accolades last season. She averaged 12.0 points and 7.4 rebounds per game, while shooting 52.5 percent from the field for the season.

Wilson was selected the 2003-2004 Rookie of the Year and was named to the all-conference second team. The three-time Rookie of the Week is averaging 13.0 points, 5.4 rebounds, and 3.9 assists per game.

Thompson led the Hawks to a third-place regular season finish in the conference with a 10-4 record, including handing Ithaca its only conference loss of the season, and a berth in the ECAC Upstate Division III Championship tournament.

2004 Empire 8 Women's Basketball Honors

Player of the Year: Jennifer Parker, Elmira College

Rookie of the Year: Lindsay Wilson, Hartwick College

Coach of the Year: Daphne Thompson, Hartwick College

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S P O R T S I N F O R M A T I O N D I R E C T O R

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Empire 8 Women's Basketball All-Conference

First Team

Name	School	Year	Position
Stephanie Cleary	Ithaca	Junior	Guard
Jennifer Parker	Elmira	Sophomore	Guard
Sara Shipley	Nazareth	Junior	Center
Jennie Swatling	Ithaca	Senior	Guard
Trisha Tofany	St John Fisher	Senior	Forward

Second Team

Name	School	Year	Position
Ramata Diallo	RIT	First-Year	Forward
Melissa Hartman	St. John Fisher	Sophomore	Center
Heather McGuerty	Hartwick	Senior	Center
Alicia Ventresca	Utica	Junior	Guard
Lindsay Wilson	Hartwick	First-Year	Guard

Honorable Mention

Megan Coddington, Alfred; Karli Couchman, RIT; Christina Ermie, RIT; Kelly Gawronski, Ithaca; Jen Kristensen, St. John Fisher; Margot Sandy, RIT

-Empire 8-