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Contact: Timothy Farrell, SID
tfarrell@empire8.com

**EMPIRE 8 ANNOUNCES MEN'S SWIMMING & DIVING
ALL-CONFERENCE TEAM**

Erik Zelbacher of RIT Earns Top Honor

ROCHESTER, NY – Junior Erik Zelbacher of RIT was named Athlete of the Meet at the 2005 Empire 8 Men's Swimming and Diving Championship held in conjunction with the Upper New York State Collegiate Swimming Association Championship.

Zelbacher, who was also honored as Athlete of the Meet in 2003, won three events and set two Empire 8 championship records. He set the conference marks by winning the 100-yard butterfly in 50.25 seconds and captured the 100-yard freestyle in 45.82 seconds. Zelbacher also finished first in the 50-yard freestyle in 20.90 seconds.

Quinn Donahoe of the Tigers earned Rookie of the Meet honors. He set the Empire 8 championship record with 455.90 points in winning the three-meter diving event. He also placed second on the one-meter board to teammate Ryan Schaefer.

Brian Striker was named Coach of the Year for leading Alfred to the conference title and a second-place finish in the state meet.

Empire 8 2005 Honors:

Athlete of the Meet: Erik Zelbacher, RIT

Rookie of the Meet: Quinn Donahoe, RIT

Coach of the Year: Brian Striker, Alfred University

Empire 8 2005 Men's Swimming and Diving All-Conference

- denotes Empire 8 Championship meet record

200 Freestyle Relay

1st Team – Alfred University 1:24.50

Bill Brown, Brian Gotham, Alex Crowell, Kevin Martin

2nd Team – RIT 1:25.05

Erik Zalbacher, Tyler Morrison, Pete Kaemmerlen, Mike Flannry

500 Freestyle

1st Team – Steve Barnes, Ithaca College 4:38.43

2nd Team – Brandon Striker, Alfred University 4:44.83

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14 Eagle Terrace / Jefferson, MA 01522 / Phone: 508.829.7469 / Fax: 508.829.6685 / tfarrell@empire8.com / www.empire8.com

PAGE TWO –EMPIRE 8 ALL-CONFERENCE...

200 Individual Medley

1 st Team – Pete Kaemmerlen, RIT	1:57.68
2 nd Team – Ben Murphy, Hartwick College	1:58.53

50 Yard Freestyle

1 st Team – Erik Zelbacher, RIT	:20.90
2 nd Team – Dan Holmberg, Hartwick College	:21.48

1 Meter Diving

1 st Team – Ryan Schaefer, RIT	448.15
2 nd Team – Quinn Donahoe, RIT	404.10

400 Medley Relay

1 st Team – Hartwick College	3:30.76
Kurt Cedo, Adam Torrey, Dan Holmberg, Gladstone Edwards	
2 nd Team – Alfred University	3:31.30
Jon Wordingham, Brian Gotham, Bill Brown, Kevin Martin	

200 Medley Relay

1 st Team – Hartwick College	1:35.88
Ben Murphy, Adam Torrey, Dan Holmberg, Gladstone Edwards	
2 nd Team – Alfred University	1:36.34
Jon Wordingham, Brian Gotham, Bill Brown, Alex Crowell	

400 Individual Medley

1 st Team – Pete Kaemmerlen, RIT	4:11.15
2 nd Team – Jonathan Aikins, Hartwick College	4:13.15

100 Yard Butterfly

1 st Team – Erik Zelbacher, RIT	:50.25#
2 nd Team – Kevin Martin, Alfred University	:50.50

200 Yard Freestyle

1 st Team – Steve Barnes, Ithaca College	1:44.15
2 nd Team – Brandon Striker, Alfred University	1:45.34

100 Yard Breaststroke

1 st Team – Brian Gotham, Alfred University	:58.25#
2 nd Team – Adam Torrey, Harwick College	:58.58

100 Yard Backstroke

1 st Team – Kurt Cedo, Hartwick College	:53.72
2 nd Team – Ben Murphy, Hartwick College	:54.60

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S P O R T S I N F O R M A T I O N D I R E C T O R

PAGE THREE –EMPIRE 8 ALL-CONFERENCE...

800 Freestyle Relay

1 st Team – Alfred University	7:06.70
Brandon Striker, Page Beecher, Brian Gotham, Kevin Martin	
2 nd Team – Hartwick College	7:08.10
Jonathan Aikins, Ben Murphy, Ryan Olsen, Kurt Cedo	

1,650 Yard Freestyle

1 st Team – Steve Barnes, Ithaca College	16:01.43
2 nd Team – Josh Tayrien, Ithaca College	16:43.05

200 Yard Backstroke

1 st Team – Kurt Cedo, Hartwick College	1:55.38
2 nd Team – Ben Murphy, Hartwick College	1:58.49

100 Yard Freestyle

1 st Team – Erik Zelbacher, RIT	:45.82#
2 nd Team – Dan Holmberg, Hartwick College	:46.59

200 Yard Breaststroke

1 st Team – Brian Gotham, Alfred University	2:08.71#
2 nd Team – Mark Tedeschi, Ithaca College	2:10.35

200 Yard Butterfly

1 st Team – Kevin Martin, Alfred University	1:55.63
2 nd Team – Jonathan Aikins, Hartwick College	1:56.37

3 Meter Diving

1 st Team – Quinn Donahoe, RIT	455.90#
2 nd Team – Mark Phillips, Hartwick College	422.65

400 Freestyle Relay

1 st Team – Alfred University	3:08.37
Kevin Martin, Bill Brown, Brandon Striker, Pete Kaemmerlen	
2 nd Team – RIT	3:09.05
Erik Zelbacher, Tyler Morrison, Mike Flannery, Pete Kaemmerlen	

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