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**ALFRED WINS EMPIRE 8 MEN'S SWIMMING AND DIVING TITLE;
*Erik Zalbacher of RIT Named Athlete of the Meet; Alfred's Brian Gotham Top Rookie***

ROCHESTER, NY – Alfred University won the Empire 8 Men's Swimming and Diving title with a total of 803 points to win its first men's swimming and diving conference title. The Saxons also won the Upper New York State Collegiate Swimming Association (UNYSCSA) title.

Erik Zelbacher of RIT was named the Athlete of the Meet after winning two individual events and swimming on a winning relay. He captured the 50-yard freestyle in 21.45 seconds and the 100-yard freestyle in 47.05 seconds. Zalbacher was part of the Tigers' winning 400-yard freestyle relay that finished in a time of 3:10.97, and placed second in the 100-yard butterfly in 52.49 seconds.

Brian Gotham of Alfred was named the Rookie of the Meet. He finished second in the 200-yard breaststroke in 2:10.70 and was part of the Saxons' 800-yard freestyle relay that won in a time of 7:05.64. Brian Striker was named Empire 8 Coach of the Year for leading Alfred to the championship.

Empire 8 2003 Honors:

Athlete of the Meet: Erik Zelbacher, RIT

Rookie of the Meet: Brian Gotham, Alfred University

Coach of the Year: Brian Striker, Alfred University

Empire 8 2003 Men's Swimming and Diving All-Conference

200 Freestyle Relay

1st Team – Alfred University 1:25.42

Matt Weems; Alex Crowell; Kevin Martin; Carl Schwarting

2nd Team – Ithaca College 1:26.26

Sasha Kuznezov; Sean Kavanaugh; Ryan Orser; Mike Thurk

500 Freestyle

1st Team – Steve Barnes, Ithaca College 4:39.88

2nd Team – Jon Aikins, Hartwick College 4:44.20

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200 Individual Medley

1 st Team – Sean Kavanaugh, Ithaca College	1:56.80
2 nd Team – Ryan Orser, Ithaca College	1:58.73

50 Yard Freestyle

1 st Team – Erik Zelbacher, RIT	:21.45
2 nd Team – Kevin Martin, Alfred University	:21.62

1 Meter Diving

1 st Team – Ryan Schaefer, RIT	419.55
2 nd Team – Devon Fay, Ithaca College	406.30

400 Medley Relay

1 st Team – Ithaca College	3:34.66
Sean Kavanaugh; Mike Thurk; Jay Sellers; Sasha Kuznezov	
2 nd Team – Alfred University	3:36.01
Mike Dube; Alex Crowell; Bill Brown; Matt McNamara	

200 Medley Relay

1 st Team – Ithaca College	1:36.33
Sean Kavanaugh; Mike Thurk; Jay Sellers; Sasha Kuznezov	
2 nd Team – Hartwick College	1:38.02
Ben Murphy; Adam Torrey; Jon Aikins; Gladstone Edwards	

400 Individual Medley

1 st Team – Sean Kavanaugh, Ithaca College	4:13.90
2 nd Team – Peter Kaemmerlen, RIT	4:16.88

100 Yard Butterfly

1 st Team – Kevin Martin, Alfred University	:52.18
2 nd Team – Eric Zelbacher, RIT	:52.49

200 Yard Freestyle

1 st Team – Jon Aikins, Hartwick College	1:44.76
2 nd Team – Matt Weems, Alfred University	1:44.97

100 Yard Breaststroke

1 st Team – Mike Thurk, Ithaca College	:58.99
2 nd Team – Ryan Orser, Ithaca College	:59.22

100 Yard Backstroke

1 st Team – Tyler Morrison, RIT	:55.40
2 nd Team – Mike Kamme, Utica College	:55.70

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800 Freestyle Relay

1 st Team – Alfred University	7:05.64
Matt Weems; Brian Gotham; Fedrico Gentry; Kevin Martin	
2 nd Team – Ithaca College	7:05.75
Steve Barnes; Pat Ryan; Ryan Orser; Sean Kavanaugh	

1650 Yard Freestyle

1 st Team – Steve Barnes, Ithaca College	16:17.35
2 nd Team – Peter Kaemmerlen, RIT	16:33.91

200 Yard Backstroke

1 st Team – Mike Dube, Alfred University	1:57.46
2 nd Team – Tyler Morrison, RIT	2:00.12

100 Yard Freestyle

1 st Team – Erik Zelbacher, RIT	:47.05
2 nd Team – Sasha Kuznezov, Ithaca College	:47.47

200 Yard Breaststroke

1 st Team – Ryan Orser, Ithaca College	2:09.25
2 nd Team – Brian Gotham, Alfred University	2:10.70

200 Yard Butterfly

1 st Team – John Brennan, Hartwick College	1:56.67
2 nd Team – Sean Kavanaugh, Ithaca College	1:57.58

3 Meter Diving

1 st Team – Devin Fay, Ithaca College	451.45
2 nd Team – Ryan Schaefer, RIT	450.30

400 Freestyle Relay

1 st Team – RIT	3:10.97
Erik Zelbacher; Tyler Morrison; Peter Kaemmerlen; Mike Flannery	
2 nd Team – Hartwick College	3:12.26
Jon Aikins; Chris Connally; John Brennan; Gladstone Edwards	

2003 Team Results: Alfred University 803; Ithaca College 740; Hartwick College 581; Rochester Institute of Technology 504; Nazareth College 269; Utica College 218

-Empire 8-

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